



**JUNIOR GUEST PERMISSION, WAIVER AND RELEASE**

I, \_\_\_\_\_  
(**print name of parent/guardian**), hereby confirm that I am the parent and/or legal guardian of

\_\_\_\_\_  
(**print child's name**).

I confirm that my child will be visiting the Ottawa Athletic Club on \_\_\_\_\_.

I understand that in order for my child to have access to the Ottawa Athletic Club, I must agree to be bound by this Permission, Waiver and Release on behalf of my child.

I affirm and understand that there are inherent risks involved in all health, fitness, aquatic, personal training, and racquet sport club activities (the activities), and that I am aware of and appreciate these risks. I hereby give permission for my child to participate in activities at the Ottawa Athletic Club and confirm that my child's participation in the Activities is voluntary. I assume full responsibility for my child for any and all injury, loss or damage, including costs of any lawsuit, loss or theft of personal property or personal injury. I release and indemnify the Ottawa Athletic Club, OAC Holdings Ltd., and their agents, owners, officers, directors, volunteers, employees, and all other associated persons or entities acting in any capacity, and will not hold them responsible in any way if my child is injured or incurs loss for any reason whatsoever. I confirm that my child is physically able to participate in the Activities of the Ottawa Athletic Club.

In signing this Permission, Waiver and Release, I am not relying on any representations or statements of any kind whatsoever made by the Ottawa Athletic Club, other than as expressly stated herein.

I confirm that I have read and understood this Permission, Waiver and Release prior to signing it. I understand and agree that this Permission, Waiver and Release will be binding upon me (as parent and/or guardian), my child, my heirs, next of kin, executors, administrators, successors and personal representatives.

This Permission, Waiver and Release shall be governed by the laws of Ontario.

**SIGNED THIS \_\_\_\_\_ DAY OF \_\_\_\_\_, 201\_\_.**

\_\_\_\_\_  
**Parent/Legal Guardian's Signature**